

#009

agenDAY

Hawaii Island

Hiking



‘Eiwa (9)

HAWAII ISLAND ELEVATION VARIES FROM 0 - 13,500'. THIS DIVERSITY PRESENTS OPPORTUNITIES FOR HIKING IN SO MANY DIFFERENT CLIMATES AND ELEVATIONS. WHILE WE CAN'T PROVIDE A COMPREHENSIVE LIST OF ALL THE HIKES, WE'LL SHARE SOME THAT KEEP US IN AWE OF THE BEAUTY THIS ISLAND HAS TO OFFER.

Starting on the SouthSide (closest to our house) and working clockwise.

1. **HVNP Kahuku Unit Trails**- Part of Hawaii Volcanos National park is just minutes East of our house, offering miles of hikes unlike anything else on the Southside of island.(*)
2. **Honomolino Bay** - steep drive down to Miloli'i, if you can find parking, the hike is about a mile to the hidden bay. Private and pristine **NOTE-locals aren't always friendly, so keep to yourself and respect the aina.
3. **Puoa Point Trail**- Pebbles beach is located at the bottom of the Kona Paradise Subdivision, Park in the actual parking lot, then walk toward the beach and turn left before the rocks. A short hike with unique water features and elevated views of the South Kona coast.
4. **Captain Cook Monument Hike (aka Aquarium Hike, aka Kealakekua Bay hike)** - One of the most popular hikes on the island, but this is not a stroll..people are rescued off this hike weekly FYI. The hike is 1.5 miles down to Kealakekua Bay, snorkling is best in the world!, then you have to hike back up the 1400' steep hike, in full sun. Don't underestimate this hike.
5. **Alakahakai Trail** - Park at Hapuna Beach State Park and head out to the beach. Turn right (north) and you'll find the trail once you cross the beach area. Follow the trail all the way up to Kawaihea/Spencer Beach Park, a beautiful in-out trail crossing multiple beaches. (*)
6. **Pololu Valley Trail** -located on the far Northside of island (the actual end-of-the-road) you'll descend 400' on a short switchback trail to a secluded and sacred beach area nestled in the huge sea cliffs. Spectacular!
7. **Koai'a Corridor to Summit Trail** - one of our fav's but a hard uphill. The prize is spectacular views of Mauna Kea, Mauna Loa, Hualalai and sometimes even Haleakala (weather permitting). The 2 prize is exploring inside a rainforest nd at the top.
8. **Puna Trail** - Park at the bottom of the Hawaiian Paradise Park trailhead (make sure to lock your vehicle) then you'll hike North along the coast. This trail ends in a tranquil and shallow bay where huge Honu sunbathe.
9. **HVNP Hikes** - hiking at Volcanos National Park is stellar and sometimes otherworldly. One of our favorite trails is the Halema'uma'u Trail...hiking down to the basin near the (sometimes) active volcano. Many hiking options inside the park, a park pass is good for 7 days. (*)

(*) Indicates if there is a toilet nearby